



Office for
Life Sciences



James
Lind
Alliance
Priority Setting Partnerships



Research about addictions

About this survey



Research

Research means **finding out** about something. Research can be done in lots of ways. For example:

- reading books and academic papers
- interviewing people
- meetings and workshops



Research questions

Research starts with a question. Then we look for the answer to the question.



This survey is asking for your ideas for research questions about **addiction**.

About this survey



Addiction

Addiction means having a strong need to drink alcohol or take drugs. There are other types of addiction too.

We want to find out about addictions that people might get help with:



- legal drugs
- illegal drugs
- alcohol

We are **not** going to be looking at:



- smoking
- gambling or gaming
- preventing addiction

About this survey



We want to hear from:

- people who are addicted to drugs or alcohol, or have been in the past
- family or friends of people who have experienced addiction
- people whose job includes helping people with addiction



We want to find out

- what research needs to be done
- which questions we should ask when we do research





Print and send your survey to:

FREEPOST RTHT-TBHY-ZJJR

University of Southampton

James Lind Alliance

NETSCC (IPC C1)

Alpha House

Highfield

Southampton

SO17 1YN



Or fill in the online version:

[https://www.surveymonkey.com/r/H](https://www.surveymonkey.com/r/HVLKRFG)

[VLKRFG](https://www.surveymonkey.com/r/HVLKRFG)



**Please complete and return your
survey by Tuesday 8th October 2024**

1. Your questions



Tell us about the questions you think our researchers should be asking.



Write as much or as little as you like.
You can ask someone to help you.



Your ideas for research questions could include:

- recovery from addiction
- treatment and support for addiction
- how addiction makes people feel:
mental health



My first question is:

1



My second question is:

2



My third question is:

3





Anything else?

Write any other questions or comments here:

2. About you

You do not have to answer these questions



Tick the box that describes you:

- I am, or have been, addicted to drugs or alcohol
- I know someone with experience of addiction
- I help people with addiction as part of my job

Are you:

- male
- female
- non-binary
- gender not listed



How old are you?



Which area do you live in?

For example: Scotland, Wales, Southeast England, West Midlands.



Which ethnic group describes you?

For example: Asian, Black, White, Mixed Ethnic group.



Get help



If you have problems with addiction, then you can get help. Follow these links for more information:



NHS information about getting help with drug addiction

<https://www.nhs.uk/live-well/addiction-support/drug-addiction-getting-help/>



NHS information about alcohol

<https://www.nhsinform.scot/healthy-living/alcohol/>



Find drug and alcohol support near you

<https://www.talktofrank.com/get-help/find-support-near-you>



Get help



MIND

Support for drug and alcohol problems

<https://bit.ly/3WZ9gYT>



Alcohol Change UK

<https://alcoholchange.org.uk/>



ADFAM – families, drugs and alcohol

<https://adfam.org.uk/>



NACOA – for children of alcoholics

<https://nacoa.org.uk/>



Get help



Soberistas

<https://soberistas.com/>



Scottish Families

<https://www.sfad.org.uk/>



Addiction Family Support

<https://addictionfamilysupport.org.uk/>



We Are With You – recovery workers

<https://bit.ly/3X0pgdo>



If you would like to hear more about the research, please give us your name and email address.

Name

Email



We will delete this information when the project ends.

Our work is supported by these organisations:



James Lind Alliance
Priority Setting Partnerships



Office for Life Sciences

NHS apa

HSC Public Health Agency



Llywodraeth Cymru
Welsh Government



Adfam

CRANSTOUN
Empowering People, Empowering Change

SHAAP

SCOTTISH HEALTH ACTION ON ALCOHOL PROBLEMS
www.shaap.org.uk



The **Basement Project**

CollectiveVoice



RC PSYCH
ROYAL COLLEGE OF PSYCHIATRISTS



Mental Health - Time for Action Foundation
Registered Charity Number 104379



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