

Life after Stroke PSP completed November 2011																			
Indicative Uncertainty	Why is there uncertainty?	What is person's age? 1	What is person's age? 2	Which types of treatments? 1	Which types of treatments? 2	Which types of treatments? 3	Which types of treatments? 4	Which types of treatments? 5	Which types of treatments? 6	Which types of treatments? 7	Which types of treatments? 8	Which types of treatments? 9	Which types of treatments? 10	Original uncertainty	References to reliable up-to-date systematic reviews	Systematic reviews in preparation	Systematic reviews that need updating or extending	Which outcomes?	
Are alternative therapies (massage, acupuncture) beneficial after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age	Physical therapies	Complementary therapies									This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included: What are the benefits of natural therapies; massage, acupuncture etc? Does Acupuncture have a part to play in recovery after stroke?			Yang X, Zeng X, Wu T. Chamomile preparation for preventing stroke. Cochrane Database of Systematic Reviews 2010, Issue 1. Art. No.: CD006765. DOI: 10.1002/14651858.CD006765.pub2. Cheuk DKL, Yeung J, Chung KF, Wong Y. Acupuncture for ischemia. Cochrane Database of Systematic Reviews 2007, Issue 3. Art. No.: CD005472. DOI: 10.1002/14651858.CD005472.pub2.		Incidence of fatal or non-fatal stroke, composite clinical cardiovascular outcomes (myocardial infarction, revascularisation, endarterectomy) (primary outcomes); changes in cardiovascular risk factors: blood pressure (systolic, diastolic), lipids (cholesterol, triglycerides, low-density lipoprotein cholesterol (LDL-C), very low-density lipoprotein cholesterol (VLDL-C), high-density lipoprotein cholesterol (HDL-C), blood glucose, changes in cerebrovascular haemodynamic indices (CVDI); cerebrovascular blood flow speed, peripheral resistance, specific resistance, pulse wave speed, dynamic resistance, crisis pressure, and adverse effects or complications (any event that led to death that was life-threatening, required in-patient hospitalisation or prolongation of existing hospitalisation, resulted in persistent or significant disability or any important medical event that might have jeopardised the patient or required an intervention to prevent it. All other adverse events were to be considered as non-serious)
Are community-based upper limb movement re-education programme useful one year after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age	Exercise	Education and training	Physical therapies								This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included: 48.4 What is the effectiveness of an upper limb movement re-education programme in the community one year after stroke?	Coupar F, Pollock A, Legg LA, Sackley C, van Vliet P. Home-based therapy programmes for upper limb functional recovery following stroke. Cochrane Database of Systematic Reviews 2012, Issue 5. Art. No.: CD006755. DOI: 10.1002/14651858.CD006755.pub2.		Sirtori V, Corbetta D, Meja L, Gatti R. Constraint-induced movement therapy for upper extremities in stroke patients. Cochrane Database of Systematic Reviews 2009, Issue 4. Art. No.: CD004433. DOI: 10.1002/14651858.CD004433.pub2.		Long term change in upper limb recovery and function; adverse effects or complications, and cost
Are electromechanical assisted gait training and electromechanical and robot-assisted arm training useful and cost effective following a stroke?	Uncertainties identified from research recommendations	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age	Exercise	Physical therapies	Devices								This uncertainty was submitted by guidelines. This is an indicative uncertainty, and the following questions were included: 96.24 Further research into the cost effectiveness of electromechanical assisted gait training and electromechanical and robot-assisted arm training to improve arm motor function and motor strength is required.	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning. A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a>			Change in gait symptoms: adverse effects or complications, and cost	
Are endurance and strength training effective components of rehabilitation after stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age	Exercise	Physical therapies									This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included: 75.3 How soon after stroke should endurance and strength components of training be incorporated into rehabilitation?			Saunders DH, Greig CA, Mead GE, Young A. Physical fitness training for stroke patients. Cochrane Database of Systematic Reviews 2009, Issue 4. Art. No.: CD003316. DOI: 10.1002/14651858.CD003316.pub3		Change in endurance and strength; adverse effects or complications, and cost
Are exercise and fitness programmes beneficial at improving function and quality of life and avoiding subsequent stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age	Exercise										Stroke Ranked 10th This uncertainty was submitted by patient, 3 clinician group, 1 clinician. This is an indicative uncertainty, and the following questions were included: 75.2 Do community based exercise classes provide evidence based, effective and safe means of maintenance/ improvement of function after stroke? 76.1 Would the outcomes for stroke victims in Scotland not have been significantly improved if everyone had access to physiotherapy and exercise classes after their stroke? 97.11 Is it effective to provide stroke rehabilitation in groups at sports centres? 97.14 Community based exercise programmes in the management of stroke. 108.5 Effectiveness of exercise and fitness programmes for stroke survivors, including the long term benefits on function, quality of life and subsequent stroke prevention 82.3 Role of exercise in improving quality of life after stroke.	English C, Hillier SL. Circuit class therapy for improving mobility after stroke. Cochrane Database of Systematic Reviews 2010, Issue 7. Art. No.: CD007513. DOI: 10.1002/14651858.CD007513.pub2.			Change in mobility (primary outcome); lower limb strength; and range of motion, measures of activity limitation such as instrumental activities of daily living and personal care, measures of participation restriction, such as health-related quality of life, length of hospital stay, adverse events or complications, self-reported satisfaction, locus of control, and economic indicators	
Are health professionals or the voluntary sector best at helping people achieve independence after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age	Service delivery										This uncertainty was submitted by other. This is an indicative uncertainty, and the following questions were included: 19.1 Is the journey towards independence best addressed by health professionals or the voluntary sector?			Ellis G, Marz J, Langhorne P, Dennis M, Winer S. Stroke liaison workers for stroke patients and carers: an individual patient data meta-analysis. Cochrane Database of Systematic Reviews 2010, Issue 5. Art. No.: CD005066. DOI: 10.1002/14651858.CD005066.pub2.		Change in subjective health status; extended activities of daily living ('primary); death, place of residence, dependency, mental health (including anxiety and depression), knowledge about stroke, use of services, satisfaction with services, participation. Change in health-related quality of life; change in post-stroke depression levels (onset and duration); adverse effects or complications; and cost
Are home visits helpful after stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age	Service delivery										This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included: 3.3 What is the value of home visits after stroke?			Shepherd S, Doll H, Broad J, Gladman J, Bille S, Langhorne P, Richards S, Martin F, Harris R. Hospital at home early discharge. Cochrane Database of Systematic Reviews 2009, Issue 1. Art. No.: CD003959. DOI: 10.1002/14651858.CD003959.pub3.		Mortality; readmissions; general and disease-specific health status; functional status; psychological well-being; clinical complications; patient satisfaction; carer satisfaction; carer burden; staff views (including general practitioners' satisfaction); discharge destination from hospital at home; length of stay in hospital and hospital at home; cost (this includes the costs to the patient and their family, to general practice, to the hospital and social or voluntary service costs)
Are relaxation techniques beneficial after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age	Physical therapies	Psychological therapy									This uncertainty was submitted by 2 clinicians. This is an indicative uncertainty, and the following questions were included: 35.6 Are relaxation techniques helpful after a stroke? 35.7 Which relaxation techniques are helpful after a stroke? 78 Is there evidence to suggest that relaxation is good for stroke patients? Does anywhere do this maybe using CDs, audio books etc? (Question missed out of original list)				Change in symptoms, adverse effects or complications, and costs	







Can nurses decide whether and when to insert a nasogastric (feeding) tube for people following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery															This uncertainty was submitted by clinician group. This is an indicative uncertainty, and the following questions were included:95.13 When should it be the nurses' decision to place NG tubes and how can nurses be best guided in their decision making?				Provision of services for services for dysphagia; Impact on patient outcomes for dysphagia; adverse effects or complications; and cost	
Can nursing treatments prevent depression following stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Drug	Psychological therapy														This uncertainty was submitted by clinician group. This is an indicative uncertainty, and the following questions were included:95.8 How can nurses prevent the complication of depression?			Smith J, Forster A, House A, Knapp P, Wright JJ, Young J. Information provision for stroke patients and their caregivers. Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD001919. DOI: 10.1002/14651858.CD001919.pub2		Change in depression; adverse effects or complications, and cost
Can physiotherapy improve mood disorders after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Physical therapies														This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included:38.2 What are the psychological benefits of physiotherapy?				Change in moods; adverse effects or complications, and cost	
Can playing an instrument help improve communication problems following stroke?	Uncertainties identified from carers' questions	No relevant systematic reviews identified	Any age		Physical therapies															This uncertainty was submitted by carer. This is an indicative uncertainty, and the following questions were included:25.3 Listening to music is known to improve stroke language problems. What is the effect of playing an instrument?	Brook J, Magee WL, Dileo C, Wheeler BL, McGilloway E. Music therapy for acquired brain injury. Cochrane Database of Systematic Reviews 2010, Issue 7. Art. No.: CD006787. DOI: 10.1002/14651858.CD006787.pub2		Change in functional communication ('primary'); change in communication ability; overall level of severity of aphasia; psychosocial impact ; (impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status		
Can psychological support help increase participation in physical activity after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Psychological therapy														This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included:3.2 Is there evidence of increased participation in physical activity among those who have had psychological support after stroke?			Saunders DH, Greig CA, Mead GE, Young A. Physical fitness training for stroke patients. Cochrane Database of Systematic Reviews 2009, Issue 4. Art. No.: CD003316. DOI: 10.1002/14651858.CD003316.pub3.		Change in death rates, dependence, and disability (primary outcomes); change in physical fitness, mobility, physical function, quality of life, mood, and incidence of adverse events or complications
Can screening programmes reduce the risk of subsequent stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Diagnostic															This uncertainty was submitted by patient group. This is an indicative uncertainty, and the following questions were included:94.12 Investigate improved screening programmes to identify those at risk of secondary strokes.			Johansson T, Wild C. Telemedicine in acute stroke management: systematic review. International Journal of Technology Assessment in Health Care 2010 26(2):149-155		Incidence and prevalence of subsequent stroke
Can self-monitoring of blood pressure help stroke prevention?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Physical therapies	Devices														This uncertainty was submitted by patient group. This is an indicative uncertainty, and the following questions were included:55.5 Self monitoring of blood pressure would be a good idea I think.				Incidence of stroke; change in symptoms; adverse effects or complications, and costs	
Can supported communication training for carers of someone following a stroke help prevent relationship breakdown?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age	Mixed or complex	Education and training	Physical therapies	Psychological therapy	Social care	Service delivery											This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included:58.2 In people with aphasia does training the person's main carer in supported communication help to prevent relationship breakdown? Should we be offering to train more social contacts to enable the maintenance of relationships?				Relationship between patient and carer, adverse effects or complications, and costs	
Can talking books help people relearn social skills after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Physical therapies	Social care														This uncertainty was submitted by patient. This is an indicative uncertainty, and the following questions were included:35. Talking books to be used more in trying to relearn social skills.				Change in social skills; adverse effects or complications; and costs	
Can therapeutic positioning improve outcome after stroke?	Uncertainties identified in research recommendations	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Physical therapies															This uncertainty was submitted by guidelines. This is an indicative uncertainty, and the following questions were included:96.6 Therapeutic positioning.	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning. A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 4.1.3 Therapeutic positioning.		Change in symptoms, adverse effects or complications ; and costs		
Can trained volunteers and carers help improve communication after stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age	Mixed or complex	Education and training	Psychological therapy	Physical therapies	Social care	Service delivery											This uncertainty was submitted by 2 patient groups. This is an indicative uncertainty, and the following questions were included:94.58 Investigate ways of involving (educating) families in different communication skills. 94.59 Investigate ways of using trained volunteers to help with communication practice.	Brady MC, Kelly H, Godwin J, Enderby P. Speech and language therapy for aphasia following stroke. Cochrane Database of Systematic Reviews 2012, Issue 12. Art. No.: CD000425. DOI: 10.1002/14651858.CD000425.pub3.		Functional communication via spoken, written or non-verbal modalities, or a combination of these channels, formal measures of receptive language (oral, written and gestural), expressive language (oral, written and gestural) or overall level of severity of aphasia where receptive and expressive language are measured using language batteries, psychosocial impact including depression, anxiety and distress, patient satisfaction, compliance with treatment and economic outcomes, and carer and family satisfaction		
Can transcranial magnetic stimulation (TMS) help recovery after stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Physical therapies	Devices														This uncertainty was submitted by patient. This is an indicative uncertainty, and the following questions were included:30.2 Can TMS (trans-cortical magnetic stimulation) be used in stroke recovery?	Hao Z, Wang D, Zeng Y, Liu M. Repetitive transcranial magnetic stimulation for improving function after stroke. Cochrane Database of Systematic Reviews 2013, Issue 5. Art. No.: CD008895. DOI: 10.1002/14651858.CD008895.pub2		Richards LG, Stewart KC, Woodbury ML, Senesac C, Cauraugh JH. Movement-dependent stroke recovery: a systematic review and meta-analysis of TMS and fMRI evidence. Neuropsychologia 2008 46(1):3-11	Change in activities of daily living (primary outcome); motor function; upper limb function; lower limb function or speed; global motor function; death or disability; any other impairment/improvement (e.g. visual, perceptual, depression, cognition, etc); and adverse outcomes or complications (e.g. seizure, headache, dizziness, etc)	

Can transcranial magnetic stimulation help people with aphasia following stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Physical therapies	Devices												This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:58.4 Is there a role for transcranial magnetic stimulation in aphasia therapy and how acceptable is this to patients?				Change in functional communication ("primary); change in communication ability; overall level of severity of aphasia; psychosocial impact ; (impact on psychological or social well-being including depression, anxiety and distress); patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status
Can treatments arising from social and environmental psychology improve recovery after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Social care													This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:64.4 What information from social and environmental psychology can we utilise to improve the effectiveness of therapy?	Ellis G, Mint J, Langhorne P, Dennis M, Winer S. Stroke liaison workers for stroke patients and carers: an individual patient data meta-analysis. Cochrane Database of Systematic Reviews 2010, Issue 5. Art. No.: CD005065. DOI: 10.1002/14651858.CD005066.pu.62. Saller K, Foley N, Tessell RC. Social support interventions and mood status post stroke: a review. International Journal of Nursing Studies 2010; 47(5):616-625	Smith J, Forster A, House A, Knapp P, Wright JJ, Young J. Information provision for stroke patients and their caregivers. Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD001919. DOI: 10.1002/14651858.CD001919.pub2.	Change in subjective health status; extended activities of daily living ("primary); death; place of residence; dependency; mental health (including anxiety and depression); knowledge about stroke; use of services; satisfaction with services; participation; Change in health-related quality of life; change in post-stroke depression levels (onset and duration); adverse effects or complications; and cost	
Can upper limb splints improve arm function and prevent complications after stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Exercise	Physical therapies	Devices											This uncertainty was submitted by 3 clinicians This is an indicative uncertainty, and the following questions were included:48.3 Splinting of the upper limb has been evaluated in good recent RCTs. A cohort study would be valuable in determining consequences of splinting. 2.1 What is the functional advantage of a hand/wrist splint - can it become functional? 3.4 Is there evidence of benefit from use of upper limb splinting in preventing contractures & types of splints used?			Ada L, Fonghohcheay A, Canning CG. Supportive devices for preventing and treating subluxation of the shoulder after stroke. Cochrane Database of Systematic Reviews 2005, Issue 1. Art. No.: CD003863. DOI: 10.1002/14651858.CD003863.pub2.	Change in recovery of arm use and function; adverse effects or complications; and cost
Can volunteers help the process of information provision following a stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training	Psychological therapy	Physical therapies	Social care										This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:64.24 How to reinforce the information-giving process (eg. By use of volunteers).			Forster A, Brown L, Smith J, House A, Knapp P, Wright JJ, Young J. Information provision for stroke patients and their caregivers. Cochrane Database of Systematic Reviews 2012, Issue 11. Art. No.: CD001919. DOI: 10.1002/14651858.CD001919.pub3.	Change in knowledge and patients' or carers' mood state (anxiety and depression) or both ("Primary outcome); activities of daily living; participation; social activities; perceived health status; quality of life; satisfaction with information; hospital admissions; service contacts or health professional contacts; compliance with treatment/rehabilitation; death or institutionalisation or both; and cost to health and social services.
Do ace inhibitors cause weight gain following stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Drug													This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:20 Does ace-inhibitors ie perindopril cause weight gain following stroke (high dose)?				Change in weight
Do commercially available gaming devices (e.g Wii), in addition to routine therapy, improve exercise and mobility after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Physical therapies	Devices											This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:34.42 Wii: do virtual games help reinforce therapy? Can use of games console increase exercise/mobility?				Change in mobility after exercise and amount of exercise
Do communication aids and software packages improve communication in patients with aphasia following a stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training	Physical therapies	Devices											This uncertainty was submitted by 2 patient groups: 1 patient, 1 clinician This is an indicative uncertainty, and the following questions were included:56.3 Are software packages such as REACT and Lexicon effective tools in the treatment of communication impairments post stroke? 57.3 How effective is the provision of different forms of alternative/augmentative communication aids for people with communication difficulties after stroke - whether these are hi-tech or lo-tech (e.g communication books, passports, folders). It may take a considerable amount of time/effort/expense to develop or purchase these resources for patients - are they then used effectively, and if not, what are the barriers? 65.1 What is the long-term likelihood of clients continuing to use an alternative means of communication e.g. a communication book, an alphabet chart or any mechanical communication aid once speech and language				Change in functional communication ("primary); change in communication ability; overall level of severity of aphasia; psychosocial impact ; (impact on psychological or social well-being including depression, anxiety and distress); patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status
Do prisms improve visual field loss after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Devices													This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:63.1 Do yoke incorporated prisms or Peli prisms really help stroke patients with hemianopic visual field loss?	Bowen A, Hazelton C, Pollock A, Lincoln NB. Cognitive rehabilitation for spatial neglect following stroke. Cochrane Database of Systematic Reviews 2013, Issue 7. Art. No.: CD003586. DOI: 10.1002/14651858.CD003586.pu.63.	Functional disability; activities of daily living ("primary outcomes); performance on standardised neglect assessments; target cancellation (single letter, double letter, line, shape); line bisection; discharge destination; balance; number of reported falls; depression or anxiety; quality of life and social isolation; and adverse events or complications		

Do slowing down, providing written material, allowing time for questions and using conversation partners help improve communication with people with aphasia following stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Physical therapies														This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:94.113 People with aphasia slow down, do better literature, allow time for questions, use conversation partners.	Brady MC, Kelly H, Godwin J, Enderby P. Speech and language therapy for aphasia following stroke. Cochrane Database of Systematic Reviews 2012, Issue 5. Art. No.: CD000425. DOI: 10.1002/14651858.CD000425.pub3.			Change in functional communication ("primary"); change in communication ability; overall level of severity of aphasia; psychosocial impact ; (impact on psychological or social well-being including depression, anxiety and distress); patient satisfaction with intervention; number of dropouts (any reason); compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society); and carer and family satisfaction; change in overall functional status		
Do social communication groups improve confidence in people with communication problems after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Education and training	Physical therapies													This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:22 Do social communication groups (ie not therapy) improve communication confidence for individuals with communication support needs?					Change in confidence: adverse effects or complications; and costs	
Do thickened fluids cause dehydration after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Diet														This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:11.3 Do thickened fluids lead to pt dehydration	Geaganage C, Beavan J, Enderby S, Bath PMW. Interventions for dysphagia and nutritional support in acute and subacute stroke. Cochrane Database of Systematic Reviews 2012, Issue 10. Art. No.: CD000323. DOI: 10.1002/14651858.CD000323.pub2.			Dehydration; adverse effects or complications; and costs		
Does a 'day diary' to record activities etc, completed by visitors, help people with communication problems share what has been happening for people with stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training	Physical therapies	Devices												This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:5.1 Is there any evidence that the use of a 'day diary' recording activities etc. to be completed by visitors to help people with communication problems to share what has been happening.					Change in communication problems: adverse effects or complications; and costs	
Does acupuncture help central pain or provide a holistic/well-being' effect for people following a stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Complementary therapies	Physical therapies													This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:8.1 Is there any evidence that acupuncture is effective in stroke care a) after central pain b) a holistic 'well-being' effect.					At least 50% pain reduction; proportion below 30/100 mm (no worse than mild pain); patient global impression; functioning; adverse event (AE) withdrawal; serious AE; death	
Does Botox improve function in activities of daily living following a stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Drug														This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:94.38 Botox: does it really improve function (eg. Easier to dress, do things for yourself)?					Change in function of activities of daily living	
Does direct access to a multidisciplinary team (MDT) by stroke patients in the community improve recovery?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery														This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:38.4 Does direct access by post-stroke patients to an MDT work? 38.4f Does direct access via a GP to an MDT work?					Outpatient Service Trialls. Therapy-based rehabilitation services for stroke patients at home. Cochrane Database of Systematic Reviews 2003, Issue 1. Art. No.: CD002925. DOI: 10.1002/14651858.CD002925.	Death or a poor outcome (deterioration, dependency, institutionalisation), dependent, requiring institutional care; performance in personal activities of daily living (feeding, dressing, bathing, toileting, simple mobility and transfers) Primary outcomes: subjective health status/quality of life, patient mood; carer quality of life and mood; and patient and carer satisfaction with services
Does exercise improve mood after stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Exercise														This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:3.1 Is there clear evidence of a direct link between mood & participation in exercise after stroke?					Saunders DH, Greig CA, Mead GE, Young A. Physical fitness training for stroke patients. Cochrane Database of Systematic Reviews 2009, Issue 4. Art. No.: CD003316. DOI: 10.1002/14651858.CD003316.pub3 Yeh GT, Wang C, Wayne PM, Phillips R. Tai chi exercise for patients with cardiovascular conditions and risk factors: a systematic review. Journal of Cardiopulmonary Rehabilitation and Prevention 2003, 2(3):152-160.	Change in death rates, dependence, and disability (primary outcomes); change in physical fitness, mobility, physical function, quality of life, mood, and incidence of adverse events or complications
Does functional electrical stimulation improve outcome after stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Exercise	Physical therapies	Devices												This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:94.37 Benefits/best timing of Functional Electrical Stimulation of different limbs. How long are effects likely to last?					Price CIM, Pandey AD. Electrical stimulation for preventing and treating post-stroke shoulder pain. Cochrane Database of Systematic Reviews 2000, Issue 4. Art. No.: CD001698. DOI: 10.1002/14651858.CD001698. Meinholz J, Werner C, Kugler J, Pohl M. Electromechanical-assisted training for walking after stroke. Cochrane Database of Systematic Reviews 2007, Issue 4. Art. No.: CD006185. DOI: 10.1002/14651858.CD006185.pub2. Pomeroy VM, King LM, Pollock A, Baily-Hallam A, Langhorne P. Electrostimulation for promoting recovery of movement or functional ability after stroke. Cochrane Database of Systematic Reviews 2006, Issue 2. Art. No.: CD003241. DOI: 10.1002/14651858.CD003241.pub2.	Change in symptoms: adverse effects or complications, and cost
Does high morale within the stroke team service improve stroke recovery?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery														This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:9.4 What is the level of morale within the stroke team service & does this impact on patient care?					Change in symptoms, adverse effects or complications, and costs	









Is participation in activities (e.g. Stroke clubs, ongoing therapy) beneficial at achieving later improvement after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Social care	Service delivery														This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included: 54.2 Is later improvement related to the number of activities/opportunities accessed by the individual e.g. attendance at stroke clubs, ongoing therapy?	Safer K, Foley N, Teasell R. Social support interventions and mood status post stroke: a review. International Journal of Nursing Studies 2010 47(5):616-626			Change in symptoms, adverse effects or complications, and costs
Is peer-support useful following hospital discharge following a stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training	Physical therapies	Psychological therapy	Social care												This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included: 53.1 Value of peer support groups on immediate discharge from hospital	Shepherd S, Doll H, Broad J, Gladman J, Wille S, Langhorne P, Richards S, Martin F, Harris R. Hospital at home early discharge. Cochrane Database of Systematic Reviews 2009, Issue 1. Art. No.: CD000356. DOI: 10.1002/14651858.CD000356.pub3.			Mortality; readmissions; general and disease-specific health status; functional status; psychological well-being; clinical complications; patient satisfaction; carer satisfaction; carer burden; staff views (including general practitioners' satisfaction); discharge destination from hospital at home; length of stay in hospital and hospital at home; cost (this includes the costs to the patient and their family, to general practice, to the hospital and social or voluntary service costs)
Is PEG insertion (feeding tube directly into the tummy) better than naso-gastric tubes (feeding tube via the nose) at helping people move from being 'nil-by-mouth' to being able to eat/drink following a stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Diet	Devices														This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included: 27.2. Can naso-gastric tubes actually inhibit the swallow process leading to an inability to progress from nil-by-mouth to trials of oral intake? If so, is this and argument for early PEG insertion?	Gomes J, CAR, Lulosa SAS, Matos D, Andriolo RB, Waalberg DR, Waalberg J. Percutaneous endoscopic gastrostomy versus nasogastric tube feeding for adults with swallowing disturbances. Cochrane Database of Systematic Reviews 2010, Issue 11. Art. No.: CD008096. DOI: 10.1002/14651858.CD008096.pu b2			Intervention failures as defined by any event leading to failure to introduce the tube, recurrent displacement and treatment interruption (feeding interruption, blocking or leakage of the tube, no adherence to treatment) Primary outcomes: nutritional status, mortality, complications and adverse events, time on enteral nutrition, quality of life, length of hospital stay, and costs and economic issues.
Is physiotherapy early after stroke beneficial?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Physical therapies	Service delivery														This uncertainty was submitted by patient This is an indicative uncertainty, and the following questions were included: 20.1. How important is physiotherapy in the initial stages of recovery? 108.8 The efficacy of therapy interventions for patients early after stroke onset	Bernhardt J, Thuy MNT, Collier JM, Legg LA. Very early versus delayed mobilisation after stroke. Cochrane Database of Systematic Reviews 2009, Issue 1. Art. No.: CD006187. DOI: 10.1002/14651858.CD006187.pub2			Change in symptoms, adverse effects or complications, and costs
Is regular monitoring (for example, of blood pressure) by a stroke specialist nurse helpful after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Physical therapies	Service delivery														This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included: 94.85 Investigate potential for ongoing monitoring (eg. BP) by specialist stroke nurse in primary care.	Cooke EV, Tails RC, Clark A, Pomeroy VM. 2010 Jan, Efficacy of functional strength training on restoration of lower-limb motor function early after stroke: phase I randomized controlled trial. Neurorehabilitation and neural repair. Vol 24:1. e681-96			Change in symptoms; adverse effects or complications ; and costs
Is self-practice of repetitive, high-intensity, task-specific activities beneficial to motor recovery following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Physical therapies														This uncertainty was submitted by clinician group This is an indicative uncertainty, and the following questions were included: 108.4 Is self-practice of repetitive, high intensity, task-specific activities beneficial to the motor recovery of patients with stroke? 108.9 Implementing intensive repetitive practice for patients with stroke				Change in motor recovery, adverse effects or complications, and cost
Is speech and language therapy helpful for patients more than 1 year after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Physical therapies															This uncertainty was submitted by 4 patient groups; 1 patient; 2 clinicians This is an indicative uncertainty, and the following questions were included: 67.12 SLT - why is it not managed long-term and how could it be managed? 56.2 How long post-stroke is SLT indicated for people with dysphasia, i.e. is there demonstrable continuing effectiveness of intervention on impairments/ client's perception of impact over a period of months/years? 70.3 I had speech therapy at the beginning of my stroke but with it had gone on for longer than the first year. 71.5 It has taken me a year to start to get my speech back - why did my speech therapy stop then? 56.3 Would people with aphasia respond well to later stage intervention, e.g. 6/12-18 months post-stroke (as opposed to all the intervention taking place early on)? 54.1 Is there any improvement (particularly in communication skills) in the long term after stroke (e.g. 5-10 years later)? 94.63 Evaluate			Change in functional communication (*primary); change in communication ability; overall level of severity of aphasia; psychosocial impact ; (impact on psychological or social well-being including depression, anxiety and distress); patient satisfaction with intervention; number of dropouts (any reason); compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status	
Is stem cell therapy beneficial for recovery after stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Vaccines and biologicals															This uncertainty was submitted by patient/clinician This is an indicative uncertainty, and the following questions were included: 107.12 Can stem cell research help to 'grow' a damaged part of the brain? 96.1 Relevance and opportunities of adult stem cell research in stroke recovery, especially in brain areas related to language processing	Bath PMW, Sprigg N, England T. Colony stimulating factors (including erythropoietin, granulocyte colony stimulating factor and analogues) for stroke. Cochrane Database of Systematic Reviews 2013, Issue 6. Art. No.: CD005207. DOI: 10.1002/14651858.CD005207.pu b4.			Change in functional outcomes such as death or dependency/disability (primary outcome), extension or recurrence, serious adverse event or complication, number of people with an infection and stroke lesion volume, lab tests (haematology measures (during or soon after treatment); CD34+ count; red cell count (RCC); white cell count (WCC); platelet count (PC))

Is stimulation provided by relatives during open visiting effective at improving recovery after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Social care															This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:51.5 What are the best stimuli for recovering stroke patients and should they be provided by staff or relatives with open visiting?				Change in symptoms, adverse effects or complications, and costs	
Is stroke-specific counseling helpful after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Psychological therapy	Social care														This uncertainty was submitted by patient This is an indicative uncertainty, and the following questions were included:37.9 Is there a special type of 'stroke counselling' available for people following stroke?				Salter K, Foley N, Tressell R. Social support interventions and mood status post stroke: a review. <i>International Journal of Nursing Studies</i> 2010 47(5):616-625 Turner-Strokes L, Nair A, Sedki I, Dialer PB, Wade DT. Multi-disciplinary rehabilitation for acquired brain injury in adults of working age. <i>Cochrane Database of Systematic Reviews</i> 2005, Issue 3. Art. No.: CD004170. DOI: 10.1002/14651858.CD004170.pub2	Change in health-related quality of life; change in post-stroke depression levels (onset and duration); adverse effects or complications; and cost
Is telemedicine useful in the prevention, treatment and rehabilitation of stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Service delivery															This uncertainty was submitted by other This is an indicative uncertainty, and the following questions were included:43.2 How can telemedicine be used to prevent, treat and rehabilitate stroke? 103.1 Has a study been done in the UK on the effectiveness of telehealthcare for post-stroke patients?	Johansson T, Wild C. Telemedicine in acute stroke management: systematic review. <i>International Journal of Technology Assessment in Health Care</i> 2010;26(2):149-155 Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 3.1 Referral to stroke services			Change and management of symptoms; adverse effects or complications, and cost	
Is the water swallow test or puree swallow test best in the assessment of swallow in acute stroke patients?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Diagnostic															This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:5. Should patients on the acute stroke unit have their swallow assessed with the water swallow test or puree swallow test?				Diagnostic; adverse effects or complications, and cost	
Is thickened fluid or plain water best at stopping aspiration (choking) following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Diet															This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:11.1 More research around thickened fluids - do they reduce aspiration - would plain water be better.				Geeganage C, Beavan J, Ellender S, Bath PMW. Interventions for dysphagia and nutritional support in acute and subacute stroke. <i>Cochrane Database of Systematic Reviews</i> 2012, Issue 10. Art. No.: CD000323. DOI: 10.1002/14651858.CD000323.pub2	Incidence of aspiration; adverse effects or complications, and costs
Is tissue plasminogen activator (TPA) helpful in the long-term recovery of stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Drug	Vaccines and biologicals														This uncertainty was submitted by other This is an indicative uncertainty, and the following questions were included:3. What is the recovery rate for those who receive TPA vs those who do not receive TPA (tissue plasminogen activator)?				Wardlaw JM, Murray V, Berg E, del Zoppo GJ. Thrombolysis for acute ischaemic stroke. <i>Cochrane Database of Systematic Reviews</i> 2009, Issue 4. Art. No.: CD000213. DOI: 10.1002/14651858.CD000213.pub2.	Change in functional outcomes (death or dependency) (primary outcome); symptomatic intracranial haemorrhage (SICH); either symptomatic (that is, temporally associated with a deterioration in the patient's neurological state), or fatal (that is, leading directly to death), and occurring within the first seven to 10 days; adverse effects or complications; and cost
What are the best drug treatments to manage seizures for someone following a stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age	Mixed or complex	Drug	Education and training	Psychological therapy	Physical therapies	Service delivery	Social care										This uncertainty was submitted by patient This is an indicative uncertainty, and the following questions were included:29.3 Why do you have to have 2 seizures before going on medication?	Kwan J, Wood E. Antiepileptic drugs for the primary and secondary prevention of seizures after stroke. <i>Cochrane Database of Systematic Reviews</i> 2010, Issue 1. Art. No.: CD005398. DOI: 10.1002/14651858.CD005398.pub2.			Proportion of patients who experienced seizures (primary outcome), proportion of patients who achieved remission for a pre-defined period of time (e.g. 12 or 24 months), adverse events or complications, compliance with treatment, and effectiveness, proportion of patients who died or were dependent (did not require regular physical assistance from another person for activities of daily living, such as mobility, dressing, transfers, and feeding), quality of life, duration of institutional stay for the acute phase of stroke recovery, and optimal duration of treatment (i.e. length of time that the intervention should be continued)	
What are the best motor retraining strategies for patients with cognitive or language deficits following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Physical therapies														This uncertainty was submitted by clinician group This is an indicative uncertainty, and the following questions were included:108.13 Exploring the best strategies for motor retraining in patients with cognitive or language deficits				Change in cognitive or language deficits; adverse effects or complications, and cost	
What are the best services to support young stroke survivors in occupational rehabilitation within a workplace environment?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery															This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:103.12 What is the provision of services (covering access, intensity and duration) available within the UK for the support of younger stroke survivors in occupational rehabilitation within a workplace environment?				Change in symptoms, adverse effects or complications, and costs	
What are the best treatments for arm recovery and function following a stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Physical therapies														Stroke Ranked 4th This uncertainty was submitted by 1 researcher: 1 guideline This is an indicative uncertainty, and the following questions were included:30.1 How can arm function best be improved after major stroke? 86.1 Does visual feedback help upper limb recovery in stroke survivors? 86.9 Virtual reality, bilateral training, repetitive tasks training, imagery/practice, splinting,electromechanical and robot-assisted arm training to improve upper limb function	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 4.3 Upper limb function			Change in recovery of arm use and function; adverse effects or complications, and cost	



What are the best ways of helping people come to terms with the long term consequences of stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training	Drug	Psychological therapy	Social care							Stroke Ranked 2nd This uncertainty was submitted by 2 patient groups, 1 clinician. This is an indicative uncertainty, and the following questions were included:34.5 What are the most effective methods of supporting people in the longer term? 34.56 How to help people come to terms with the lasting effects of stroke. 34.57 How to develop and support perseverance after a stroke - The longer road - 108.14 Effectiveness of long-term stroke support services for stroke survivors and their carers		Smith J, Forster A, House A, Krapp P, Wright JJ, Young J. Information provision for stroke patients and their caregivers. Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD001919. DOI: 10.1002/14651858.CD001919.pub2.	Management of long term consequences: adverse effects or complications, and cost
What are the best ways to manage and/or prevent fatigue following a stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Drug	Physical therapies	Psychological therapy							Stroke Ranked 6th This uncertainty was submitted by patient, 2 clinicians, 1 patient group, 1 clinician groups, 1 guideline. This is an indicative uncertainty, and the following questions were included: Research into fatigue after stroke - it affects 40% of stroke survivors. More research into chronic fatigue. Can post-stroke fatigue be treated? How do I manage fatigue and tiredness after my stroke? How can nurses prevent the complication of fatigue? Pharmacological and exercise interventions for post-stroke fatigue	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke. Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 4.14 Post-stroke Fatigue		Change in symptoms, adverse effects or complications, and costs
What are the best ways to manage urinary and faecal incontinence following a stroke?	Uncertainties identified in research recommendations	No relevant systematic reviews identified	Any age		Education and training	Psychological therapy	Drug	Physical therapies							This uncertainty was submitted by 1 guideline. This is an indicative uncertainty, and the following questions were included:8.2 Incontinence - how is the bladder damaged during a stroke and how can the damaged bladder be repaired?	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Sections 4.8.2 Urinary incontinence, 4.8.3 Urinary catheterisation, 4.8.4 Faecal incontinence.		Change in urinary and faecal continence: adverse effects or complications, and cost
What are the best ways to reduce or prevent shoulder subluxation, decrease pain and increasing function after stroke?	Uncertainties identified in research recommendations	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Education and training	Drug	Physical therapies	Psychological therapy						This uncertainty was submitted by guidelines This is an indicative uncertainty, and the following questions were included:96.11 Strapping, taping, slings and wheelchair attachments for reducing or preventing shoulder subluxation, decreasing pain and increasing function	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke. Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 4.12 1-8. Prevention of post-stroke shoulder pain. SIGN 4.12 1-14 Treatment of post-stroke shoulder pain.		Change in symptoms: at least 50% pain reduction; proportion below 30/100 mm (no worse than mid pain); patient's global impression; functioning; adverse event (AE) withdrawal; serious AE; death
What are the effects of religious beliefs on recovery after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Psychological therapy	Social care									This uncertainty was submitted by patient This is an indicative uncertainty, and the following questions were included:42.6 What is the effect of a positive belief in God/prayer in recovery?			Change in stroke symptoms: adverse effects or complications; and cost
What are the key components of an effective stroke unit?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Education and training	Drug	Devices	Physical therapies	Service delivery					This uncertainty was submitted by 1 patient, 1 guideline This is an indicative uncertainty, and the following questions were included:30.6 What are the major considerations in designing effective stroke units? 96.1 Key components of the Stroke Unit. Further research is required into which components of the multidisciplinary team stroke unit care are effective, cost effective and the most beneficial to patient outcome.	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke. Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . 4.6.2 Aphasia. Section 3.2 Organisation of hospital care		Change in symptoms: adverse effects or complications, and cost
What are the relative risks and benefits of statins after stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Drug										This uncertainty was submitted by 2 patient groups This is an indicative uncertainty, and the following questions were included:64.3 More research needed on statins - anecdotal evidence of severe vomiting etc - need to be better targeted and effects monitored. 71.1 What percentage of people get side effects from statins - peripheral neuropathy has been a big problem for me?	Taylor F, Ward K, Moore THM, Burke M, Davey Smith G, Casas JP, Ebrahim S. Statins for the primary prevention of cardiovascular disease. Cochrane Database of Systematic Reviews 2011, Issue 1. Art. No.: CD004816. DOI: 10.1002/14651858.CD004816	Squizzato A, Romualdi E, Dertail F, Agostino W. Statins for acute ischaemic stroke (Protocol). Cochrane Database of Systematic Reviews 2009, Issue 1. Art. No.: CD007551. DOI: 10.1002/14651858.CD007551.	Death; fatal and non-fatal CHD, CVD and stroke events; combined endpoint (fatal and non-fatal CHD, CVD and stroke events); change in blood total and low density lipoprotein (LDL) cholesterol concentration; revascularisation; adverse events; quality of life; and costs
What can carers do to help prevent further strokes?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Education and training	Drug	Devices	Complementary therapies	Physical therapies					This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:93.4 What steps should carers take to try and prevent further strokes or can nothing be done?		Aziz NA, Leonard-Bee J, Phillips MF, Gladman J, Legg LA, Walker M. Therapy-based rehabilitation services for patients living at home more than one year after stroke. Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD005962. DOI: 10.1002/14651858.CD005962.pub2	Death or poor outcome (deterioration, dependency, institutionalisation); change in ability to perform activities of daily living; primary outcomes: death, performance in extended activities of daily living (EADL); subjective health status or quality of life; patients and care's mood; re-admission to hospital and days spent in hospital; and patient and carer satisfaction with service

What determines adherence and what is the effect of non-adherence of drugs by someone following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Drug															This uncertainty was submitted by 2 clinician groups This is an indicative uncertainty, and the following questions were included:95.3 What are the determinants of adherence of medications/therapies? 96.2 What are the effect of non-adherence of medications/therapy on clinical outcomes?				Adherence to treatment, change in symptoms, adverse effects or complications, and costs
What is the best amount and intensity of speech and language therapy for aphasia following a stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Physical therapies															This uncertainty was submitted by 3 clinician 1 guideline This is an indicative uncertainty, and the following questions were included:8.1 How often should people with aphasia receive speech & language therapy? 8.2 Do patients feel they receive enough speech therapy input in the acute setting? 96.14 The effectiveness of different theoretical approaches for the treatment of aphasia and different service delivery such as, intensity of treatment, computer assisted approaches and telerehabilitation 7.6 What intensity of treatment for aphasia is best and does it matter if there is a delay prior to treatment starting? 102.1 The possibility of giving speech therapists a longer time with their patients.	Brady MC, Kelly H, Godwin J, Enderby P. Speech and language therapy for aphasia following stroke. Cochrane Database of Systematic Reviews 2012, Issue 5, Art. No. CD000425. DOI: 10.1002/14651858.CD000425.pub3. Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> 4.6.2 Aphasia			Change in functional communication ("primary") change in communication ability; overall level of severity of aphasia; psychosocial impact (impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status
What is the best amount of arm treatment after stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Exercise	Physical therapies														This uncertainty was submitted by 2 clinicians This is an indicative uncertainty, and the following questions were included:1.2 How much upper limb treatment should I be receiving? 4.2 How long post stroke is upper limb rehabilitation effective?	Doyle S, Bennett S, Fasoli SE, McKenna KT. Interventions for sensory impairment in the upper limb after stroke. Cochrane Database of Systematic Reviews 2010, Issue 6, Art. No.: CD008031. DOI: 10.1002/14651858.CD008031.pub2 Harris JE, Eng JJ. Strength training improves upper-limb function in individuals with stroke: a meta-analysis. Stroke 2010 41(1):136-140			Change in recovery of arm use and function; adverse effects or complications, and cost
What is the best physiotherapy regime for recovery after stroke?	Uncertainties identified from carers' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Physical therapies														This uncertainty was submitted by carer This is an indicative uncertainty, and the following questions were included:105.12 Which physiotherapy regime is the most effective for recovery after stroke?	Winter J, Hunter S, Sim J, Cromie P. Hands-on therapy interventions for upper limb motor dysfunction following stroke. Cochrane Database of Systematic Reviews 2011, Issue 6, Art. No.: CD008609. DOI: 10.1002/14651858.CD008609.pub2			Change in symptoms of stroke; adverse effects or complications; and costs
What is the best timing, content and dosage for upper limb rehabilitation following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Physical therapies														This uncertainty was submitted by clinician group This is an indicative uncertainty, and the following questions were included:108.1 What is best practice in the rehabilitation of the upper limb in patients with stroke with respect to timing, content and dosage?				Change in upper limb recovery and function; adverse effects or complications, and cost
What is the best way for carers to manage depression in people with aphasia following stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Mixed or complex	Education and training	Physical therapies	Psychological therapy	Service delivery	Social care										This uncertainty was submitted by patient & carer This is an indicative uncertainty, and the following questions were included:106.12 How carers can best manage depression post stroke in people with aphasia	Hackett M, Anderson CS, House A, Xia J. Interventions for treating depression after stroke. Cochrane Database of Systematic Reviews 2008, Issue 4, Art. No.: CD003437. DOI: 10.1002/14651858.CD003437.pub3			Symptoms of depression or dysthymia, change in symptoms, (Primary symptoms; psychological distress, anxiety, cognition; activities of daily living, disability, adverse events or complications, general health, ability to perform social activities, mood of principal caregiver, quality of life and stress.
What is the best way for emergency management of stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery															This uncertainty was submitted by 1 patient group, 1 clinician group, 2 researchers This is an indicative uncertainty, and the following questions were included:45.3 What is the perception of stroke at onset and factors which influence emergency treatment? 45.4 What are the healthcare professionals' perceptions of urgency of stroke symptoms? 94.19 How to improve Stroke Management in Accident and Emergency. 98.2 Identification of the key components of acute care, including key competencies of staff that lead to improved outcomes and subsequent piloting of systems to see how these can be most effectively implemented in routine clinical practice. If new models of care such as specialist hyperacute stroke centres are developed the impact on the rest of the stroke pathway will need to be developed.	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> 4.6.2 Aphasia. Section 3.1 Referral to stroke services (ie patients have better outcomes when managed in a stroke unit.			Change in symptoms, adverse effects or complications, and costs
What is the best way for nurses to prevent malnutrition after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Diet	Physical therapies														This uncertainty was submitted by clinician group This is an indicative uncertainty, and the following questions were included:95.7 How can nurses prevent the complication of malnutrition?				Change in nutrition levels, adverse effects or complications ; and costs





What is the best way to assess, address and support the needs of carers of someone who has had a stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Mixed or complex	Education and training	Psychological therapy	Physical therapies	Diagnostic	Service delivery	Social care							This uncertainty was submitted by 2 patients, 2 patient groups, 2 clinicians. This is an indicative uncertainty, and the following questions were included: 51.2. How are carers needs assessed and addressed? 93.5 How much time and research has been put into the needs of carers? 7.3 How can spouses of people who had had a stroke best be supported by healthcare professionals? 61.5 Information on dealing with stroke for carers as they don't understand the effect of stroke. 68.3 Carers could do with more support. 94.43 How to help carers help with psychological as well as physical disabilities.	Ellis G, Marz J, Langhorne P, Dennis M, Winner S. Stroke liaison workers for stroke patients and carers: an individual patient data meta-analysis. Cochrane Database of Systematic Reviews 2010, Issue 5. Art. No.: CD009066. DOI: 10.1002/14651858.CD009066.pub2 Smith J, Foster A, House A, Knapp P, Wright JJ, Young J. Information provision for stroke patients and their caregivers. Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD001919. DOI: 10.1002/14651858.CD001919.pub2.	Death or a poor outcome (deterioration, dependency, institutionalisation), dependent, requiring institutional care, performance in personal activities of daily living (feeding, dressing, bathing, toileting, simple mobility and transfers) Primary outcomes: subjective health status/quality of life, patient mood; carer quality of life and mood, and patient and carer satisfaction with services
What is the best way to avoid delayed diagnosis of stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Diagnostic													This uncertainty was submitted by 3 clinician groups. This is an indicative uncertainty, and the following questions were included: 97.13 Avoiding delayed diagnosis of stroke (establishing and using a case register of delayed diagnosis to identify any patterns in delayed diagnosis 98.1 Identification of the key components needed for an effective campaign aimed at reducing the delay in diagnosing and managing stroke. The campaign should then be piloted in different groups of the population.	Brazzelli M, Sandercock PAG, Chappell FM, Celsari M, Righetti E, Arestis N, Wardlaw JM, Deeks JJ. Magnetic resonance imaging versus computed tomography for detection of acute vascular lesions in patients presenting with stroke symptoms. Cochrane Database of Systematic Reviews 2009, Issue 4. Art. No.: CD007424. DOI: 10.1002/14651858.CD007424.pub2.	Diagnostic accuracy; time to diagnosis, adverse effects or complications, and costs
What is the best way to deal with cramp, spasms and/or restless legs following a stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Drug	Physical therapies											This uncertainty was submitted by 3 patient group, 1 patient. This is an indicative uncertainty, and the following questions were included: 60.11 What causes cramp in my leg when I walk? 28.1 Is there any research into muscle cramp on the leg (stroke side)? 50.9 What can make restless legs and cramp better? 7.1.7 Can we have more research into physiotherapy to help involuntary leg spasms?	Singh JA, Fitzgerald PM. Botulinum toxin for shoulder pain. Cochrane Database of Systematic Reviews 2010, Issue 9. Art. No.: CD008271. DOI: 10.1002/14651858.CD008271.pub2.	Management of cramp, spasm and or restless legs; adverse effects or complications, and cost
What is the best way to deliver rehabilitation and manage stroke patients within nursing homes?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Service delivery													This uncertainty was submitted by 4 patient group. This is an indicative uncertainty, and the following questions were included: 94.92 How to improve primary care support to stroke patients in nursing homes. 94.93 How to increase access to rehabilitation to enable people in nursing homes to fulfill their potential and go home if possible. 94.94 How to ensure patients (in nursing homes) and carers are involved in planning/monitoring care throughout their stay. 94.95 How to improve communication, power sharing, socialisation for patients in nursing care homes. 108.8 Stroke rehabilitation for residents of care homes	Crocker T, Foster A, Young J, Brown L, Ozer S, Smith J, Green J, Hardy J, Burns E, Gildewell E, Greenwood DC. Physical rehabilitation for older people in long-term care. Cochrane Database of Systematic Reviews 2013, Issue 2. Art. No.: CD009294. DOI: 10.1002/14651858.CD009294.pub3	Function in activities of daily living (ADL) such as mobility or transfers, eating, bathing, dressing, continence, personal care, mobility, and transfers primary outcomes: exercise tolerance, muscle power, flexibility (joint range of movement), balance, perceived health status, mood, cognitive status, fear of falling, economic analyses; adverse outcomes such as deaths, morbidity, and falls and other serious adverse events
What is the best way to deliver stroke care in remote and rural settings?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Service delivery													This uncertainty was submitted by 1 patient, 2 patient group. This is an indicative uncertainty, and the following questions were included: 7.4 What are the particular problems for those living in remote, rural areas face in returning to work after having had a stroke? 73.2 How are national guidelines (e.g. SIGN) for stroke rehabilitation implemented between urban and rural healthcare settings? 94.94 Do rural and urban environments need different types of support systems?		Access to stroke care, change in symptoms, adverse effects or complications, and cost
What is the best way to diagnose and assess depression in people with aphasia following stroke?	Uncertainties identified from carers' questions	No relevant systematic reviews identified	Any age		Diagnostic													This uncertainty was submitted by patient & care. This is an indicative uncertainty, and the following questions were included: 108.1 How best to recognise/assess depression in people with aphasia post stroke.		Identification and treatment of depression; adverse effects or complications; and costs

What is the best way to ensure continuity of care for someone following a stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Service delivery															This uncertainty was submitted by 2 patient groups, 2 clinicians This is an indicative uncertainty, and the following questions were included:36.2 Does continuity of care (e.g. of consultant, physio and GPs) influence? 36.2.1 How can continuity of care be improved? 34.32 How to maximise benefits of joined up services/improve disjointed communication between hospitals and GP/primary care: 34.36 Investigate potential for named nurse/first person to follow case from start to finish, co-ordinating information, providing continuity and follow up.	Turner-Strokes L, Nair A, Sedki I, Disher PB, Wade DT. Multidisciplinary rehabilitation for acquired brain injury in adults of working age. Cochrane Database of Systematic Reviews 2005, Issue 3. Art. No.: CD004170. DOI: 10.1002/14651858.CD004170.pu 52.Franco P, Langhorne P. Early Supported Discharge Triallists. Services for reducing duration of hospital care for acute stroke patients. Cochrane Database of Systematic Reviews 2012, Issue 3. Art. No.: CD000443. DOI: 10.1002/14651858.CD000443.pu 53		Continuity of care, change in symptoms, adverse effects or complications, and cost
What is the best way to help people address the long term emotional effects of stress following a stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training	Social care	Psychological therapy													This uncertainty was submitted by patient group. This is an indicative uncertainty, and the following questions were included:71.2 How can people be helped to address the long term emotional effects of stress?	Holmann SG, Sawyer AT, Witt AA, Oh D. The effect of mindfulness-based therapy on anxiety and depression: a meta-analytic review. Journal of Consulting and Clinical Psychology 2010 78(2):169-183		Management of long term emotional effects: adverse effects or complications, and cost
What is the best way to help people deal constructively with the uncertainty of prognosis?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training	Psychological therapy	Social care													This uncertainty was submitted by patient group. This is an indicative uncertainty, and the following questions were included:64.57 How to help people deal constructively with the uncertainty of prognosis.			Management of uncertain prognosis: adverse effects or complications, and cost
What is the best way to help people recover from aphasia following a stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Physical therapies															Stroke Ranked 3rd This uncertainty was submitted by 1 patient, 1 carer This is an indicative uncertainty, and the following questions were included:25.2 What treatments exist to diminish the effects of aphasia/aphasia or lessen aphasia itself? 31.2 More research needed into aphasia.	Brady MC, Kelly H, Godwin J, Enderby P. Speech and language therapy for aphasia following stroke. Cochrane Database of Systematic Reviews 2012, Issue 5. Art. No.: CD000425. DOI: 10.1002/14651858.CD000425.pu 53.		Change in functional communication ("primary): change in communication ability; overall level of severity of aphasia; psychosocial impact; (impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status
What is the best way to help people with aphasia following stroke return to work?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Physical therapies															This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:54.5 What would help people with aphasia return to work after stroke?			Return to work
What is the best way to help people with aphasia to return to driving after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Physical therapies															This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:100.11 There is a lack of research into people with aphasia and driving			Return to driving
What is the best way to help stroke survivors and families cope with memory loss?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Education and training	Drug	Psychological therapy	Physical therapies											This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:94.73H How to teach stroke survivors and families better strategies to cope with memory loss, speech problems.	Brady MC, Kelly H, Godwin J, Enderby P. Speech and language therapy for aphasia following stroke. Cochrane Database of Systematic Reviews 2012, Issue 5. Art. No.: CD000425. DOI: 10.1002/14651858.CD000425.pu.53. Bowen A, Knapp P, Gillespie D, Nicolson DJ, Vail A. Non-pharmacological interventions for perceptual disorders following stroke and other adult-acquired, non-progressive brain injury. Cochrane Database of Systematic Reviews 2011, Issue 4. Art. No.: CD007039. DOI: 10.1002/14651858.CD007039.pu.52. Bradt J, Magee W, Dale C, Wheeler BL, McCittow E. Music therapy for acquired brain injury. Cochrane Database of Systematic Reviews 2010, Issue 7. Art. No.: CD006787. DOI: 10.1002/14651858.CD006787.pu.52.		Change in memory; family function; adverse effects or complications, and cost
What is the best way to improve confidence after stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Drug	Education and training	Psychological therapy													Stroke Ranked 9th This uncertainty was submitted by 3 patient groups, 1 clinician This is an indicative uncertainty, and the following questions were included:44.5 How can we support somebody to be confident? 34.55 How to help people build confidence: shift from 'victim' to 'survivor'. 34.72 How effective is one-to-one input when re-building confidence post-stroke? 34.75 Explore better ways of re-skilling people which focus on confidence building as well.	Bowen A, Knapp P, Gillespie D, Nicolson DJ, Vail A. Non-pharmacological interventions for perceptual disorders following stroke and other adult-acquired, non-progressive brain injury. Cochrane Database of Systematic Reviews 2011, Issue 4. Art. No.: CD007039. DOI: 10.1002/14651858.CD007039.pu 52	Legg L, Drummond A, Langhorne P. Occupational therapy for patients with problems in activities of daily living after stroke. Cochrane Database of Systematic Reviews 2006, Issue 4. Art. No.: CD003585. DOI: 10.1002/14651858.CD003585.pu2	Change in confidence: adverse effects or complications, and cost
What is the best way to improve oral care after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Education and training	Physical therapies														This uncertainty was submitted by 2 clinician This is an indicative uncertainty, and the following questions were included:14.1 Post stroke oral care has poor guidance and research-based evidence. 17 Oral health - what is best practice?	Brady MC, Furlanetto D, Hunter R, Lewis SC, Milne V. Staffed interventions for improving oral hygiene in patients following stroke. Cochrane Database of Systematic Reviews 2006, Issue 4. Art. No.: CD003864. DOI: 10.1002/14651858.CD003864.pu 52		Dental plaque; denture plaque; denture cleanliness scale (primary outcomes); patient satisfaction, oral comfort and appearance, presence of oral disease, staff oral health knowledge and attitudes

What is the best way to improve recognition of unusual symptoms of stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Diagnostic										This uncertainty was submitted by patient group. This is an indicative uncertainty, and the following questions were included:94.83 How to improve recognition of unusual symptoms.			Change in symptoms, adverse effects or complications, and costs	
What is the best way to improve the production of structured sentences in people with aphasia following stroke?	Uncertainties identified from carers' questions	No relevant systematic reviews identified	Any age		Physical therapies										This uncertainty was submitted by patient & carer. This is an indicative uncertainty, and the following questions were included:106.13 How best to improve the production of structured sentences in people with aphasia.			Change in functional communication ("primary": change in communication ability; overall level of severity of aphasia; psychosocial impact : (impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention; number of dropouts (any reason); compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society); and carer and family satisfaction; change in overall functional status	
What is the best way to improve understanding (cognition) after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Education and training	Drug	Psychological therapy	Physical therapies						Stroke Ranked 1st. This uncertainty was submitted by patient. This is an indicative uncertainty, and the following questions were included:31.6 More research into impaired understanding.	Hoffmann T, Bennett S, Koh CL, McKenna KT. Occupational therapy for cognitive impairment in stroke patients. Cochrane Database of Systematic Reviews 2010, Issue 9. Art. No.: CD006430. DOI: 10.1002/14651858.CD006430.pub2.		Change in cognition; adverse effects or complications, and cost	
What is the best way to increase awareness of risk of stroke amongst general public and health professionals?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Education and training										This uncertainty was submitted by 1 patient group, 1 clinician group. This is an indicative uncertainty, and the following questions were included: 97.5 Increased awareness of risk of stroke in the population and more effective means of increasing it in primary care94.1 How to increase awareness of TIA and Stroke in the general public and in health care professionals.	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 3.1 Referral to stroke services.		Awareness of risk of stroke among professional and the general public	
What is the best way to keep feeding tubes in place following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Diet	Devices									This uncertainty was submitted by clinician group. This is an indicative uncertainty, and the following questions were included:95.11 What are the best methods for keeping feeding tubes in place?			Incidence of disturbed feeding tubes; adverse effects or complications, and cost	
What is the best way to manage altered mood and emotion after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Drug	Education and training	Physical therapies	Psychological therapy						This uncertainty was submitted by patient group. This is an indicative uncertainty, and the following questions were included:94.48 How best to help people manage mood and emotion post stroke.	Bradi J, Magee WL, Dileo C, Wheeler BL, McGilroy E. Music therapy for acquired brain injury. Cochrane Database of Systematic Reviews 2010, Issue 7. Art. No.: CD006787. DOI: 10.1002/14651858.CD006787.pu b2. Early Supported Discharge Trials. Services for reducing duration of hospital care for acute stroke patients. Cochrane Database of Systematic Reviews 2005, Issue 2. Art. No.: CD003404. DOI: 10.1002/14651858.CD003404.pu b2.	Smith J, Forster A, House A, Knapp P, Wright JJ, Young J. Information provision for stroke patients and their caregivers. Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD001919. DOI: 10.1002/14651858.CD001919.pu b2. ML, Anderson CS, House A, Hlatih C. Interventions for preventing depression after stroke. Cochrane Database of Systematic Reviews 2008, Issue 3. Art. No.: CD003689. DOI: 10.1002/14651858.CD003689.pu b3.		Change in management of altered moods and emotion; family function; adverse effects or complications, and cost
What is the best way to manage and prevent shoulder pain after stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Drug	Education and training	Psychological therapy	Physical therapies						This uncertainty was submitted by 1 patient group, 1 clinician group, 1 guidelines. This is an indicative uncertainty, and the following questions were included:95.5 How can nurses prevent the complication of shoulder pain? 96.18 Treatment for central post-stroke pain, strapping to prevent post-stroke shoulder pain, TENS neuromuscular electrical stimulation, massage and acupuncture to treat post-stroke shoulderpain, development of management algorithms for the assessment, prevention and treatment of post-stroke shoulder pain 94.41 How best to treat a painful shoulder?	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section Prevention of post-stroke shoulder pain 4.13 1-14. Treatment of post-stroke shoulder pain 4.13 1-14.		At least 50% pain reduction; proportion below 30/100 mm (no worse than mild pain); patient global impression; functioning; adverse event (AE) withdrawal; serious AE; death	
What is the best way to manage anxiety and panic after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Education and training	Psychological therapy	Drug								This uncertainty was submitted by 1 clinician, 1 clinician group. This is an indicative uncertainty, and the following questions were included:35.3 How do you best treat anxiety after stroke? 97.15 Recognition and management of anxiety and panic disorders?	Campbell Burton CA, Holmes J, Murray J, Gillespie D, Lightbody CE, Watkins CL, Knapp P. Interventions for treating anxiety after stroke. Cochrane Database of Systematic Reviews 2011, Issue 12. Art. No.: CD008869. DOI: 10.1002/14651858.CD008869.pu b2. Hoffmann SG, Sawyer AT, Witt AA, Oh D. The effect of mindfulness-based therapy on anxiety and depression: a meta-analytic review. Journal of Consulting and Clinical Psychology 2010 78(2):169-183 Ellis G, Ment J, Langhorne P, Dennis M, Winter S. Stroke liaison workers for stroke patients and carers: an individual patient data meta-analysis. Cochrane Database of Systematic Reviews 2010, Issue 5. Art. No.: CD005066. DOI: 10.1002/14651858.CD005066.pu b2	Hackett ML, Anderson CS, House A, Xia J. Interventions for treating depression after stroke. Cochrane Database of Systematic Reviews 2008, Issue 4. Art. No.: CD003437. DOI: 10.1002/14651858.CD003437.pu b3		Change in panic attacks and anxiety; adverse effects or complications, and cost

What is the best way to manage central post-stroke (neuropathic) pain?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Drug	Education and training	Physical therapies												This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:100.1 What research is there into carer guilt? As a carer I feel guilty that I am always out and about on my own. (husband) is much happier staying at home.							Carer adjustment	
What is the best way to manage central post-stroke (neuropathic) pain?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Psychological therapy	Education and training	Drug	Physical therapies											This uncertainty was submitted by 3 clinicians, 1 clinician group This is an indicative uncertainty, and the following questions were included:1.5 Why is neuropathic pain so difficult to treat and are there any other modalities for rx other than medication? 2: Post stroke pain - more effective treatments? 94.1 Research into new treatments for central post-stroke pain. 95.6 How can nurses prevent the complication of pain on the affected side?	Wiffen PJ, Dery S, Moore RA. Lamotrigine for acute and chronic pain. Cochrane Database of Systematic Reviews 2011, Issue 2. Art. No.: CD006044. DOI: 10.1002/14651858.CD006044.pu b3							At least 50% pain reduction; proportion below 30/100 mm (no worse than mild pain); patient global impression; functioning; adverse event (AE) withdrawal; serious AE; death
What is the best way to manage feelings of panic due to aphasia following stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Drug	Psychological therapy	Physical therapies													This uncertainty was submitted by patient This is an indicative uncertainty, and the following questions were included:81.2 Panic because of aphasia.								Change in feelings of panic; adverse effects or complications, and costs
What is the best way to manage involuntary reactions following stroke?	Uncertainties identified from carers' questions	No relevant systematic reviews identified	Any age		Exercise	Education and training	Drug	Physical therapies	Psychological therapy											This uncertainty was submitted by patient & carer This is an indicative uncertainty, and the following questions were included:107.11 Re: involuntary responses eg. Yawning and getting a hand release. We would like to know more about how/whythis happens. Can this help to allow people to respond in purposeful way?							Change in involuntary symptoms, adverse effects or complications, and cost	
What is the best way to manage pain in patients with communication problems following stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Drug	Physical therapies														This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:3.4 How is pain managed in those with a stroke communication problem?	Brad J, Magee WL, Dileo C, Wheeler BL, McGiloway E. Music therapy for acquired brain injury. Cochrane Database of Systematic Reviews 2010, Issue 7. Art. No.: CD006787. DOI: 10.1002/14651858.CD006787.pu b2.						Pain	
What is the best way to manage problems with false teeth after stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Education and training	Physical therapies														This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:47.2 What is the incidence of problems with false teeth and what is best management of these problems post-stroke?	Brady MC, Furlanetto D, Hunter R, Lewis SC, Milne V. Staff-led interventions for improving oral hygiene in patients following stroke. Cochrane Database of Systematic Reviews 2006, Issue 4. Art. No.: CD003864. DOI: 10.1002/14651858.CD003864.pu b2.						Dental plaque; denture plaque; denture cleanliness scale (primary outcomes); patient satisfaction, oral comfort and appearance, presence of oral disease, staff oral health knowledge and attitudes	
What is the best way to manage psycho-social problems after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Education and training	Psychological therapy														This uncertainty was submitted by clinician group This is an indicative uncertainty, and the following questions were included:97.4 Treatment of psycho/social problems after stroke								Management of psycho-social problems; adverse effects or complications, and cost
What is the best way to prevent deterioration in function after discharge from rehabilitation following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery															This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:3.6 In how many cases is there deterioration instead of improvement in function after discharge from rehab? & how can we prevent this?								Change in symptoms, adverse effects or complications, and costs
What is the best way to promote self-management and self-help after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Education and training	Psychological therapy	Social care													This uncertainty was submitted by 2 clinicians, 1 patient group This is an indicative uncertainty, and the following questions were included:34.3 What are the most effective methods of self management for people following stroke? 94.66 How effective is 'self help' after stroke - and what are the important outcomes? 34.1 Self management - does the 'Lifestyle Management Programme' improve quality of life after stroke? 108.12 Effectiveness of self-management programmes for patients with stroke	Chung CSY, Pitolok A, Campbell T, Durward BR, Hagen S. Cognitive rehabilitation for executive dysfunction in adults with stroke or other adult non-progressive acquired brain damage. Cochrane Database of Systematic Reviews 2013, Issue 4. Art. No.: CD008391. DOI: 10.1002/14651858.CD008391.pu b2						Change in self-management and self-help; adverse effects or complications, and cost	



What is the best way to treat emotional lability after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Drug	Education and training	Psychological therapy	Social care								This uncertainty was submitted by 1 patient group, 1 clinician. This is an indicative uncertainty, and the following questions were included:35.1 How best to treat emotional lability non-pharmacologically after a stroke. 67.7 I am emotionally lable and I have been told that this is an accepted part of stroke but what research is being done in this area?	Hackett ML, Yang M, Anderson CS, Horrocks JA, House A. Pharmacological interventions for emotionalism after stroke. Cochrane Database of Systematic Reviews 2010, Issue 2. Art. No.: CD003690. DOI: 10.1002/14651858.CD003690.pu b3.			Change in emotional lability; adverse effects or complications, and cost
What is the best way to treat visual problems after stroke?	Uncertainties identified from patients' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Diet	Drug	Education and training	Psychological therapy	Physical therapies						Stroke Ranked 5th. This uncertainty was submitted by 1 patient, 1 guidelines. This is an indicative uncertainty, and the following questions were included:31.5 More research into visual problems. 96.12 Interventions for visual field defects, treatment of eye movement disorders, visual neglect	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 4.5.1 - 4.5.5 Visual Problems			Management of visual problems, adverse effects or complications, and costs
What is the cost and clinical effectiveness of admission to general medical (acute admission) wards with onward referral to a stroke unit, compared with direct admission to a stroke unit?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery											This uncertainty was submitted by clinician group. This is an indicative uncertainty, and the following questions were included:83.3 A trial of the cost and clinical effectiveness of admission to general medical (acute admission) wards with onward referral to a stroke unit, compared with direct admission to a stroke unit. This is needed given that currently 80% of stroke patients are admitted to acute medical wards.			Change in symptoms, adverse effects or complications, and cost	
What is the cost effectiveness of increased intensity of therapy in stroke units?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery											This uncertainty was submitted by clinician group. This is an indicative uncertainty, and the following questions were included:108.7 Cost effectiveness of service delivery models to increase the intensity of therapy in stroke units			Change in symptoms, adverse effects or complications, and costs	
What is the effect of early mobilisation after stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Physical therapies	Service delivery										This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included:92 Impact of early mobilisation in stroke (question missed out of original list)			Change in symptoms, adverse effects or complications, and costs	
What is the impact and cost-effectiveness of long term or lifelong physiotherapy following a stroke?	Uncertainties identified from clinicians' questions	Existing relevant systematic reviews are not up-to-date	Any age		Physical therapies	Service delivery										This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included:103.11 A cost benefit analysis of the 'black box' of physiotherapy in the 1) rehabilitation phase 2)long term maintenance of function to give a cost per QALY for physiotherapy for stroke as practised in the UK today.		Slates RA, Pappas E, Salem Y. Overground physical therapy gait training for chronic stroke patients with mobility deficits. Cochrane Database of Systematic Reviews 2009, Issue 3. Art. No.: CD006075. DOI: 10.1002/14651858.CD006075.pub2. Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 4.2.7 Gait, Balance and Mobility/ Approach of Intervention		Gait function; walking ability, patient's ability to walk in a functional context; gait speed measured over a short distance (10 metres or less); quality of life; adverse events or complications; death; or disability; need for institutional care; and cost
What is the impact and cost-effectiveness of long term or lifelong rehabilitation following stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Physical therapies	Service delivery										This uncertainty was submitted by 1 patient, 4 patient groups, 1 clinician, 3 clinician groups. This is an indicative uncertainty, and the following questions were included:30.1 How long should people be followed up after a stroke? 77.2 What are the benefits of lower levels of intervention for those who wish continuing live after stroke or even lifelong? 77.3 What are the benefits of activities continuing live after stroke or even lifelong? 89 Why is rehab on affected limbs not long term? 94.65 Can longer term 'maintenance' therapies and/or psychological interventions sustain and enhance the recovery process? 98.5 Estimation of the longer term needs of patients (impairment, activity, participation, Quality of Life) at different times post-stroke to help direct intervention studies to improve outcomes. 98.6 Evaluation of the effectiveness of rehabilitation interventions after the acute phase of stroke and into the longer term. The key areas for	Turner-Strokes L, Nair A, Seddi I, Diller PB, Wade DT. Multidisciplinary rehabilitation for acquired brain injury in adults of working age. Cochrane Database of Systematic Reviews 2005, Issue 3. Art. No.: CD004170. DOI: 10.1002/14651858.CD004170.pu b2.	Aziz NA, Leonard-Bee J, Phillips MF, Gladman J, Legg LA, Walker M. Therapy-based rehabilitation services for patients living at home more than one year after stroke. Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD005852. DOI: 10.1002/14651858.CD005852.pub2		Death or poor outcome (deterioration, dependency, institutionalisation), change in ability to perform activities of daily living, primary outcomes: death, performance in extended activities of daily living (EADL), subjective health status or quality of life, patients and carer's mood, re-admission to hospital and days spent in hospital, and patient and carer satisfaction with services

What is the impact of increased intensity, frequency and duration of physiotherapy on stroke recovery?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Physical therapies											This uncertainty was submitted by clinician group. This is an indicative uncertainty, and the following questions were included: 108.2 Dose response studies? How do intensity, frequency and duration of physiotherapy interventions relate to outcomes for different stages of stroke recovery and for other neurological conditions?			Change in symptoms, adverse effects or complications, and costs
What is the impact of thrombolysis on emotion, cognition and communication for someone following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Drug											This uncertainty was submitted by 2 clinicians. This is an indicative uncertainty, and the following questions were included: 13 With the wider introduction of thrombolysis which is an evidence-based treatment which improves outcomes; this will/should reduce length of stay and improve physical outcomes for patients and be welcomed by Health boards. However has there been any research around long-term cognitive, emotional, speech and language issues? Patients may get out of hospital more quickly and rehab (from a functional perspective) may be more straightforward but might it be a research topic to find out if cognitive outcomes might be missed? 33.2 What is the emotional impact of stroke thrombolysis?			Change in emotion, cognition and communication, adverse effects or complications, and costs
What is the optimal amount and intensity of therapy for patients with stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Physical therapies	Service delivery										This uncertainty was submitted by 1 patient group, 2 clinicians, 1 guideline. This is an indicative uncertainty, and the following questions were included: 1.6 Does intensive rehabilitation (i.e. Much more than we provide in the NHS) have a significant impact (+ve) on patient's recovery? 86.4 Primary research should investigate different therapy interventions, different therapy approaches, the optimum intensity of therapy, the optimum timing of such interventions and attempt to identify which patients benefit most from which interventions. 50.1 How much therapy do patients feel they want/ can tolerate while in hospital? 51.1 Is there a detrimental effect to stroke patients not having a weekend service for all professions e.g. NHPs? 79.1 What is the minimum amount of therapy (OT, physio, SALT) that someone recovering from stroke should expect to receive in a rehabilitation unit?	Turner-Stokes L, Nair A, Sedki L, Dialer PB, Wade DT. Multi-disciplinary rehabilitation for acquired brain injury in adults of working age. Cochrane Database of Systematic Reviews 2006, Issue 3. Art. No.: CD004170. DOI: 10.1002/14651858.CD004170.pub2.	Changes in level of impairment and activities (disability, residual symptoms (e.g. post-traumatic amnesia (PTA), post-concussion symptoms); functional independence including mobility, cognitive functioning, and ability to perform basic activities of daily living (ADL) carer burden and stress, psychosocial adjustment, quality of life, discharge destination (e.g. home or institution); return to work; social integration or activities; extended activities of daily living (EADL); health-related quality of life for patient and carer; patient and carer mood; and satisfaction with services	
What is the optimal staffing levels within stroke units?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Service delivery											This uncertainty was submitted by 1 clinician group. 1 guideline. This is an indicative uncertainty, and the following questions were included: 8.2 Key components of the Stroke Unit: Research into the whole time equivalent for each speciality of the MDT is also required. 88.7 Identification of the relationship between patient numbers, dependency and staffing requirements with a view to providing more specific guidance on the appropriate staffing numbers and skills.	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning. A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> . Section 3.3 Multidisciplinary Team Membership. 3.3.1 - lists typical staffing structure of a 10 bedded stroke unit.	Change in symptoms, adverse effects or complications, and costs	
What stimulation techniques are useful for enhancing the engagement of stroke patients with severe cognition and communication impairment?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Exercise	Education and training	Physical therapies	Devices								This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included: 68. What stimulation techniques are useful for enhancing the engagement of stroke patients with severe cognition and communication impairment?			Change in engagement, adverse effects or complications, and cost
When is the best time after stroke to deliver speech and language therapy following a stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Physical therapies											This uncertainty was submitted by clinician. This is an indicative uncertainty, and the following questions were included: 7.5 How soon should pts with aphasia receive treatment for language? 64.2 Is there an optimum time for improving speech and language?			Change in functional communication ("primary": change in communication ability; overall level of severity of aphasia; psychosocial impact - (impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status

When is the best time to move someone from a major stroke unit to a smaller rehabilitation unit nearer to their home?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Service delivery													This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:79.2 How do we know the optimal time to move someone recovering from stroke from a stroke unit to a smaller rehabilitation unit nearer the home?				Timing	
Where is the best place to receive speech and language therapy (community or hospital) following stroke?	Uncertainties identified from clinicians' questions	No relevant systematic reviews identified	Any age		Physical therapies	Service delivery												This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:72 Would speech & language therapy outside the therapy room be beneficial, e.g. in community context?				Change in functional communication ('primary') change in communication ability; overall level of severity of aphasia; psychosocial impact ; (impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status	
Which orthoptic treatments are best at improving quality of life after stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Drug	Education and training	Complementary therapies	Devices	Physical therapies								This uncertainty was submitted by clinician This is an indicative uncertainty, and the following questions were included:63.3 Does orthoptic intervention improve quality of life and can we measure any improvement to quality of life after - giving a patient advice/information on their condition, after orthoptic exercises and after prisms/occlusion?	Bowen A, Hazelton C, Pollock A, Lincoln NS. Cognitive rehabilitation for spatial neglect following stroke. Cochrane Database of Systematic Reviews 2013, Issue 7. Art. No.: CD003586. DOI: 10.1002/14651858.CD003586.pu 53.				Functional disability, activities of daily living ('primary outcomes); performance on standardised neglect assessments; target cancellation (single letter, double letter, line, shape), line bisection, discharge destination, balance, number of reported falls, depression or anxiety, quality of life and social isolation, and adverse events or complications
Which psychological treatments are effective after stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Drug	Psychological therapy												This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:94.45 Which psychological treatments work best for people with stroke?	Campbell Burton CA, Holmes J, Murray J, Gillespie D, Lightbody CE, Watkins CL, Knapp P. Interventions for treating anxiety after stroke. Cochrane Database of Systematic Reviews 2011, Issue 12. Art. No.: CD008860. DOI: 10.1002/14651858.CD008860.pu 62.	Hackett M., Anderson CS, House A, Hallett C. Interventions for preventing depression after stroke. Cochrane Database of Systematic Reviews 2008, Issue 3. Art. No.: CD003689. DOI: 10.1002/14651858.CD003689.pub3.		Change in symptoms; adverse effects or complications, and cost	
Which psychological treatments improve mood after stroke?	Uncertainties identified in research recommendations	No relevant systematic reviews identified	Any age		Psychological therapy													This uncertainty was submitted by guidelines This is an indicative uncertainty, and the following questions were included:96.21 Psychological interventions (eg cognitive behavioural therapy) for post-stroke mood disturbances	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> 4.6.2 Aphasia, Section 4.15 Disturbances of mood and emotional behaviour			Change in moods; adverse effects or complications, and cost	
Which speech and language therapy treatments work best for aphasia following a stroke?	Uncertainties identified from clinicians' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Physical therapies													This uncertainty was submitted by 2 clinicians; 2 guidelines This is an indicative uncertainty, and the following questions were included:6.2 What approaches for treating aphasia are most effective eg functional vs impairment based. 7.4 Which aphasia rehab approaches are most highly recommended from research evidence? 96.13 A Cochrane on intervention from aphasia which is due to be published soon still concludes that there is insufficient evidence to draw conclusions related to the effectiveness of one SLT approach over another 96.14 The effectiveness of different theoretical approaches for the treatment of aphasia and different service delivery such as, intensity of treatment, computer assisted approaches and telerehabilitation	Scottish Intercollegiate Guidelines Network (SIGN). Management of patients with stroke: Rehabilitation, prevention and management of complications, and discharge planning A national clinical guideline. Edinburgh: SIGN; 2010. (SIGN 118). Available from <a href="http://www.sign.ac.uk/pdf/sign118.pdf">http://www.sign.ac.uk/pdf/sign118.pdf</a> 4.6.2 Aphasia			Change in functional communication ('primary') change in communication ability; overall level of severity of aphasia; psychosocial impact ; (impact on psychological or social well-being including depression, anxiety and distress), patient satisfaction with intervention, number of dropouts (any reason), compliance with allocated intervention; economic outcomes (costs to the patient, carers, families, health service and society), and carer and family satisfaction; change in overall functional status	
Which treatment are the best at preventing stroke and subsequent stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Drug	Education and training	Physical therapies	Complementary therapies	Devices								This uncertainty was submitted by 1 patient group, 1 other This is an indicative uncertainty, and the following questions were included:43.1 What can be done to prevent a stroke? 94.14 What can be done to prevent further stroke when reason for first stroke?A unknown?	Lager KE, Wilson AD, Masi AK, Khuri L. Stroke services for risk reduction in the secondary prevention of stroke (Protocol). Cochrane Database of Systematic Reviews 2006, Issue 4. Art. No.: CD009103. DOI: 10.1002/14651858.CD009103	Lager KE, Andri? C, Veras R. Weight reduction for primary prevention of stroke in adults with overweight or obesity. Cochrane Database of Systematic Reviews 2006, Issue 4. Art. No.: CD006062. DOI: 10.1002/14651858.CD006062.pub2.		Quantitative changes (or target achievement) in blood pressure, lipid profile (total cholesterol, high density lipoprotein (HDL), low density lipoprotein (LDL), triglycerides), glycemic control in diabetes mellitus (HbA1c), body mass index (BMI) or validated cardiovascular risk score, any indicator of patient adherence to secondary prevention medications ('primary outcomes); secondary cardiovascular events: stroke, myocardial infarct	
Which treatments are best at reducing/preventing depression in patients after stroke?	Uncertainties identified from patients' questions	Existing relevant systematic reviews are not up-to-date	Any age		Education and training	Drug	Psychological therapy											This uncertainty was submitted by 1 patient, 2 patient groups This is an indicative uncertainty, and the following questions were included:37.4 What is the best form of help for depression following stroke? 55.6 How do we deal with depression? 94.49 What are the most effective treatments - medication, psychological, other - for depression?		Hackett M., Anderson CS, House A, Hallett C. Interventions for preventing depression after stroke. Cochrane Database of Systematic Reviews 2008, Issue 3. Art. No.: CD003689. DOI: 10.1002/14651858.CD003689.pub3	Hackett M., Anderson CS, House A, Xia J. Interventions for treating depression after stroke. Cochrane Database of Systematic Reviews 2008, Issue 4. Art. No.: CD003437. DOI: 10.1002/14651858.CD003437.pub3		Change in depression; adverse effects or complications, and cost
Which treatments are best for management of long-term headache/migraine after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Any age		Exercise	Drug	Education and training	Psychological therapy	Physical therapies									This uncertainty was submitted by patient group This is an indicative uncertainty, and the following questions were included:99.1 headache/migraine post stroke (long term)				At least 50% pain reduction; proportion below 30/100 mm (no worse than mild pain); patient global impression; functioning; adverse event (AE) withdrawal; serious AE, death	

Which treatments are best for nystagmus (involuntary eye movements) after stroke?	Uncertainties identified from carers' questions	Reliable up-to-date systematic reviews have revealed important continuing uncertainties about treatment effects	Any age		Exercise	Education and training	Drug	Devices	Complementary therapies	Physical therapies						This uncertainty was submitted by carer. This is an indicative uncertainty, and the following questions were included:65 What treatment is available for nystagmus following stroke?	Pollock A, Hazelton C, Henderson CA, Angilly J, Dillon B, Langhorne P, Livingston K, Munro FA, Orr H, Rowe FJ, Shafran U. Interventions for disorders of eye movement in patients with stroke. Cochrane Database of Systematic Reviews 2011, Issue 10. Art. No.: CD008389. DOI: 10.1002/14651858.CD008389.pu b2.			Functional ability in activities of daily living (*primary outcome); functional ability in extended activities of daily living; eye movement; balance; number of reported falls; depression and anxiety; discharge destination or residence after stroke; quality of life and social isolation; adverse events or complications, and death.
What are the best ways to improve cognition after stroke?	Uncertainties identified from patients' questions	No relevant systematic reviews identified	Adult		Environmental	Exercise	Mixed or complex	Education and training	Drug	Social care	Service delivery	Psychological therapy				Stroke Priority Setting Partnership Ranked 1		Chung CSY, Pollock A, Campbell T, Durward BR, Hagen S. Cognitive rehabilitation for executive dysfunction in patients with stroke or other adult non-progressive acquired brain damage (Protocol). Cochrane Database of Systematic Reviews 2010, Issue 3. Art. No.: CD008391. DOI: 10.1002/14651858.CD008391.	Global executive function*; executive function component outcomes; (dys)executive syndrome; inhibition, concept formation, planning, and flexibility); functional ability in activities of daily living; functional ability in extended activities of daily living; mood and anxiety level; participation in vocational activities; quality of life and social isolation; adverse events; and death *Primary outcome	