

Addiction Healthcare Goals

Shortlisting survey summary questions

This is a list of the questions that you will find in the prioritisation survey for the Addictions Priority Setting Partnership.

The prioritisation survey asks you to choose up to 10 of these which are most important in your experience, to help inform future research around addictions.

To complete the survey please visit

https://southampton.qualtrics.com/jfe/form/SV_1O0v3FnLbBZ40BM by

Sunday 23rd February 2025

SUPPORT	
	What are the best ways to support families and friends affected by people with addiction to drugs and/or alcohol?
	How can families and friends best support a person through all stages of addiction to drugs and/or alcohol? What information and support would help them in this role?
	What are the best ways to support people at all stages of addiction to drugs and/or alcohol e.g. with work, relationships and community life?
	What are the best ways to support children affected by people with addiction to drugs and/or alcohol?
	What are the best approaches to psychosocial support (that help people with their emotional, social and spiritual needs) for people with addiction to drugs and/or alcohol?
	What are the best approaches to providing housing for homeless people with addiction to drugs and/or alcohol?
HEALTH ECONOMICS	
	Does treatment of addiction to drugs and/or alcohol reduce the costs to society (e.g. of health and social care)?
LIFE COURSE OF ADDICTION	
	What is the impact on the child of addiction to drugs and/or alcohol during pregnancy?
	What are the long-term physical and mental health effects of addiction to drugs and/or alcohol? How are these best treated?
	What are the best ways to encourage people with addiction to drugs and/or alcohol to get help from addiction services?

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	What are the best ways to support people with addiction to drugs and/or alcohol to stay in treatment?
	Why do some people relapse after many years of not taking drugs or drinking alcohol? Is this linked to trauma experienced while addicted?
	How do people from different cultures and backgrounds experience addiction to drugs and/or alcohol?
TREATMENT	
	What are the best approaches to harm reduction for people with addiction to drugs and/or alcohol (e.g. providing safe community spaces to inject)?
	What are the best ways to treat people with addiction to drugs and/or alcohol and a mental health problem?
	Are psychedelic drugs an effective treatment for people with addiction to drugs and/or alcohol?
	What are the best ways to prevent a relapse during recovery for addiction to drugs and/or alcohol?
	What are the best ways to support people with addictions to drugs and/or alcohol through detox?
	What are the best ways to assess and treat “chemsex” addiction (taking drugs to enhance sexual activity)?
	How can treatment for addiction to drugs and/or alcohol be tailored to the needs of each individual, for example reflecting their cultural background?
	What are the best ways to assess and treat alcohol related brain damage?
	What are the best ways to provide residential rehabilitation to people with addiction to drugs and/or alcohol? What are the long-term benefits?
	What are the best ways to treat and support people who are neurodivergent (e.g. with attention deficit disorder) with addiction to drugs and/or alcohol?
	What are the best ways to treat and support young adults (aged 18-25) with addiction to drugs and/or alcohol?
	How effective are mutual aid organisations (e.g. Alcoholics Anonymous) in the treatment of addiction to drugs and/or alcohol?
	What are the best approaches to reducing drug related deaths?
	How can digital technology improve treatment for addiction to drugs and/or alcohol (e.g. wearable monitoring devices)?

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	Do alternative therapies (e.g. acupuncture, meditation) help people with addiction to drugs and/or alcohol?
	How does treatment and support for addiction to drugs need be tailored to the specific drug (e.g. cocaine, benzodiazepine)?
	What are the best ways to treat people who are addicted to more than one type of drug and/or alcohol?
	What are the best ways to treat and support people with liver disease and addiction to drugs and/or alcohol?
	What are the best ways to treat trauma alongside treatment for addiction to drugs and/or alcohol?
	What are the best psychological therapies for people with addiction to drugs and/or alcohol?
	What is the impact of no/low alcohol products on people with addiction to alcohol?
	What are the ways that ketamine might work as a treatment of addiction?
CAUSES	
	Is addiction to alcohol and/or drugs genetic/inherited?
	What is the link between neurodiversity (e.g. attention deficit disorder) and addiction to drugs and/or alcohol?
	What cultural factors (e.g. a culture of drinking alcohol) affect the risk of addiction to drugs and/or alcohol?
	Are there groups of people who are at greater risk of addiction to drugs and/or alcohol due to their age, gender, ethnic background or disability?
	Is there a link between trauma, as a child or adult, and addiction to drugs and/or alcohol?
	Are there factors which protect people from becoming addicted to drugs and/or alcohol, even if they are at high risk?
	Are there life events linked to becoming addicted to drugs and/or alcohol (e.g. divorce)?
	What is the link between mental health problems and addiction to drugs and/or alcohol?
	What makes people become addicted to one substance rather than another?

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	What societal factors (e.g. loneliness, living in poverty) affect the risk of addiction to drugs and/or alcohol?
DIAGNOSIS	
	Does recognising and managing neurodiverse conditions (e.g. attention deficit disorder) improve outcomes for people who also have an addiction to drugs and/or alcohol?
	What are the best ways to assess whether a person with addiction is ready for recovery?
	How can people with addiction to drugs and/or alcohol be identified earlier? Can early treatment reduce the risk of worse outcomes?
	What helps people to recognise for themselves that they have an addiction to drugs and/or alcohol?
PSYCHOLOGICAL & SOCIAL	
	What are the best ways to improve the mental and physical health and well-being of families and friends affected by people addicted to drugs/or alcohol?
	What factors help some people to recover from addiction to drugs and/or alcohol and why do others find it more difficult?
	How do people's understanding of 'addiction' and 'recovery' affect their response to treatment?
	How does stigma affect people with addiction to drugs and/or alcohol?
TREATMENT AND SUPPORT SERVICES	
	How effective are local community groups and services in supporting people with addiction to drugs and/or alcohol?
	How effective are GP practices in treating people with addiction to drugs and/or alcohol?
	How can prisons, probation services and detention centres work better with health services to improve outcomes for people with addiction to drugs and/or alcohol?
	Which approaches to treatment for addiction to drugs and/or alcohol work best for women? How can addiction services better meet the needs of women?
	How can addiction services improve access and treatment for people from different communities (e.g. ethnic minorities, rural communities etc)?

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	What are the best ways to provide holistic care to people with addiction to drugs and/or alcohol, so that all their physical, social and psychological needs are met?
	How can addiction services and mental health services work better together to improve outcomes for people who have a mental health condition and addiction to drugs and/or alcohol?
	How can emergency care be improved for people with addiction to drugs and/or alcohol?
	What long-term care do people need after treatment for addiction to drugs and/or alcohol to help them stay in recovery?
	How can stigma and discrimination against people with addiction to drugs and/or alcohol be addressed within health services to improve care?
	How can addiction services better meet the needs of children and young people with addiction to drugs and/or alcohol?
	How effective are peer support services in treating people with addiction to drugs and/or alcohol?